



## Helen Pryer sets new stadium record

### events results

FORMER National women's league winners Windsor, Slough, Eton & Hounslow ran out easy winners led by stellar performances from Helen Pryer in the 200 and Dawn Wilson in the 400, who led nine victories for the hosts, Martin Duff reports.

Pryer set a rare stadium record with a lifetime best 23.29 in the 200m, albeit with a 2.5m/s following wind. The 29-year-old was herself literally blown away by her performance, which improved her previous best of 23.46. She now looks for the

opportunity to get some decent invitations to improve her best.

"I've never been given the opportunity to run abroad," said Pryer, who is one of the most under-rated athletes around.